



*Echoes from the Hills*  
*June 2018*  
*Shepherd of the Hills UMC*  
*St. George, Utah*



*“Count it all as joy, my brethren, when you meet various trials, for you know that the testing of your faith produces steadfastness. And let steadfastness have its full effect, that you may be complete, lacking in nothing.”*  
James 1:2-4

### **MICHAEL'S MUSINGS**

**Expectations are wonderful and terrible things. Expectations can give us a glimpse of hope, such as looking forward to a new child or the beginning of a school year.** Expectations can empower us to rise above limitations, help us to see that we are gifted and can grow in wisdom and service. I know I never expected to find a faith community so driven by the desire to serve as Shepherd of the Hills is, but oh my, what a spot for discovering how to make the world a better place!

**In my many years of ministry, however, I find that expectations tend to enslave and cripple, even to the point of wounding souls and keeping them from finding peace.** Expectations are far too often the burden we place upon others, the refuge of our personal disappointments unresolved and unclaimed, and these unrealized expectations of what “others did not do for us” culminate in our own emotions being unresolved. When expectations go unmet, we never pause to ask if the expectation was realistic or possible, but instead become rabid accusers of those who “let us down.”

**Jesus predicted this, and understood that even when the gospel of mercy and love was at hand there still would be unreasonable, self-centered and unhappy people.** He faced them regularly, those who would accuse him of not being present, perverting the laws of God and failing to lead the people of Israel to triumph of its oppressors. Yet Jesus never wavered from his purpose, bringing the power of the kingdom to the people of God. Jesus presents a power that would bring healing and restoration to all who would seek it. **But seek it we must, not blame others for not providing it. And this means expectations will inspire and they will go unmet.** Expectations will transform, and they will lead us to frustrations. **Expectations will lead us to hope, or they will enslave us to our emotions and anger or our sense of entitlement and it is then that we are crippled in life and in faith.**

One of my favorite quotes goes like this: **“Always remember that the only common feature of all your dissatisfying relationships is you.”** As James says, the struggles that come our way should not be about what someone else is doing wrong, but how we examine our faithfulness, our expectations. And Jesus is there to help us see that the place where the matters of spirit begin is with ourselves. **Then expectations are not about what others will do, but what I will do to make the world around me better.** Be steadfast in joy, and let us hope in Christ together!

See you in worship,  
Rev. Michael

Reverend Michael V. Chamness  
Rev. Buddy Herrington &  
Rev. Carolyn Jordan - Pastors Emeritus

Blended Worship: 8:30 am      Traditional Worship: 11:00 am

Office: 435-627-8638      Office Hours 9 am-2 pm      Email: shumcsg@yahoo.com

## CONDENSED FINANCE REPORT – APRIL 2017

<b>INCOME:</b>	<b><u>April 2018</u></b>	<b><u>YTD 2018</u></b>
Pledges & Loose Plate	30,053.65	95,896.65
Designated UMCOR	275.00	419.00
Income-- Other	360.00	4,025.83
<b>Total Ordinary Income</b>	<b>30,328.65</b>	<b>96,315.65</b>
<b>Total Income</b>	<b>30,688.65</b>	<b>100,341.48</b>
<b>EXPENSES:</b>		
Finance	5,015.66	25,936.23
Stephen Ministry	0.00	0.00
Education	306.73	1,553.28
Evangelism	64.56	793.32
Missions	830.51	1,500.36
Music	.00	513.91
Worship	249.82	1,474.90
Staff Parish	17,073.65	64,006.95
Trustees	1,689.91	19,054.32
Uncategorized Expenses	.00	161.24
Other Expense	1,291.62	7,419.30
<b>Total Ordinary Expense</b>	<b>25,230.84</b>	<b>116,073.27</b>
<b>Total Expense</b>	<b>26,522.46</b>	<b>123,492.57</b>
<b>NET ORDINARY INCOME</b>	<b>5,097.81</b>	<b>- 19,757.62</b>
<b>NET INCOME</b>	<b>4,166.19</b>	<b>- 23,151.09</b>
<b>MORTGAGE BALANCE</b>	<b>285,418.04</b>	

### JUNE TIDBITS

by Kim Riley

Many articles and news stories today lament the obesity epidemic that affects much of our population today. Yet those who can best put a stop to this problem are being hijacked by corporations with serious advertising budgets. Coca-Cola has a \$3 billion dollar advertising budget and targets athletes and health organizations, acting as sponsors for their various functions.

The American College of Cardiology (ACC) presented an educational webinar sponsored by Coca-Cola. As Forbes put it, cardiology goes better with Coke. In 2010, Diet Coke teamed up with the National Heart, Lung & Blood Institute to raise awareness for Women's Heart Health.

The average person consumes 11 pounds of sugar annually, just from drinking Coke. The average person consumes 399 servings of Coke products per year. It took almost 10 years but Coke machines have mostly been eliminated from our schools. The dichotomy between our school and hospital cafeterias makes one smile, perhaps to accommodate all those addicted to colas from Jr. High. Remember the ad pictures of doctors smoking? I had to frown when our refrigerator in fellowship hall had 4 –12 packs of soft drinks for the Desert Spring meeting. Don't think it was on the Daniel plan.

## OBERAMMERGAU PASSION PLAY 2020

Rev. Michael and Anne Chamness will be hosting an Educational Opportunities Tour to experience the Passion Play in Oberammergau Germany, departing August 26 of 2020. The Passion Play is a "bucket list" event which only happens once every 10 years (since 1634!) The 10 day tour also includes historic sites in Munich, Innsbruck, Regensburg, Prague, Dresden, and Berlin, and is all-inclusive with airfare from New York. Brochures will be arriving within the next month, or can be viewed online at [www.eo.travelwithus.com](http://www.eo.travelwithus.com). Our tour is registered under Host ID #28312.

## SHUMC ENDOWMENT FOUNDATION

SHUMC is blessed by a very giving congregation. Because of this, the Endowment Foundation was established three years ago by contributions from three of our church members and their families. Those contributions are invested with the Rocky Mountain United Methodist Foundation, Inc., and are now producing an income stream that is available for us to put to use at this time. The vines have been planted and the grapes can now be harvested!

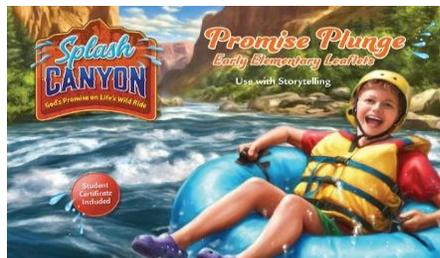
Your ministry team leaders have been notified that there are funds available for special needs and projects relating to the SHUMC mission statement "Knowing Christ and Making him Known, Serving Christ by Serving Others" and as provided by the SHUMC Annual Church Conference of April 26, 2015.

Reports will be given to all after the available requests for funds have been approved, distributed, and put to use. If you are interested in information on how you can provide a legacy of continued giving to your church, please contact Sandi Marler or Deb Looker in the Church Office. As I have heard it said, "...my contribution to the Endowment Foundation is a way that I can keep giving to my beloved church after my years on this earth have passed."

God bless,

Steve Fassler Chair of SHUMC Endowment Foundation  
Cindy Brown Co-Chair SHUMC Endowment Foundation

## 2018 SHUMC VACATION BIBLE SCHOOL



We are pleased to announce that Vacation Bible School will be held the **first full week of June (4<sup>th</sup> - 8<sup>th</sup>) from 9:00 am until Noon**. Bryan and Brenda Lewis will head up this activity. Signup sheets are in the narthex for those interested in attending and those interested in volunteering to help. The theme for the week is "Splash Canyon." All children beginning school-age through Sixth Grade are invited to attend. Older youth are welcome to volunteer as assistant leaders.

Each morning, from 9-12, the participants will have an opportunity to learn more about the Bible and enjoy group activities, snacks and games. On Friday they will have an opportunity to "Splash" and play in the water for fun. Plan to bring your children and their friends for a very special week.

## **MISSION NEWS**

### REFLECTIONS FROM THE MISSIONS TEAM

By Gregg Freeman

When I worked for Probation and Parole in Washington State, I had the pleasure of meeting Seattle Police Lieutenant Kim Bogucki. Kim became frustrated as she watched, year after year, as the same inner city women who struggled with poverty, drug addiction, and domestic violence passed through the revolving door of the criminal justice system. Kim had a dream and passionate desire to break this cycle. She began holding groups at the Washington Corrections Center for Women in order to build positive relationships with even the most hard core of these inmates prior to their prison release.

Needless to say, Kim faced many challenges. The women did not trust law enforcement and openly voiced their opposition, yet Kim persevered for many months. The breakthrough finally came when she asked each inmate to write an essay entitled "What If." The question she posed to each woman was "*What if something in your life had changed that would have kept you from becoming involved in crime. What would it have been?*" Kim was surprised when she read the women's heartfelt stories. The universal theme? They each said, in their own way, that if they had had a positive role model—someone who **truly** cared about them—then they most likely would have made more appropriate life decisions. To them, it didn't matter whether the person was a parent or family member, a neighbor or pastor or teacher or friend. They needed someone to make them feel whole in a broken world.

Since meeting Kim, I've thought about the "what if" moments in my own life. Have I made that kind of positive difference to the people around me? Our Missions volunteers at SHUMC do a wonderful job of helping the poor and hungry and downtrodden in our community. But I think that our individual roles in our church and community are perhaps even more important. We each have the intrinsic ability to elevate the people around us. When was the last time that you visited an ailing neighbor to provide comfort? Or called someone who hadn't been to church in a while to tell them that you missed them? Or sincerely thanked an overwrought waitress or cashier for the service they provide? When I go to bed each night, I often ponder whether I had been a "what if" moment in someone else's life that day.

SHUMC has an abundance of volunteer opportunities available for anyone wanting to walk in Christ's footsteps in serving others. Please feel free to contact any member of the Missions team for more information. My prayer for us all is that we share God's blessings with those around us on a daily basis, as we never know when we might be that pivotal "what if" moment for others.

*(Note: If you want to learn more about the What If Project, you can visit their website at [www.theifproject.com](http://www.theifproject.com).)*

## **UPCOMING EVENTS**

Short Creek Food Pantry	June 13 <sup>th</sup> and 27 <sup>th</sup>
Switchpoint Food Pantry	June 6 <sup>th</sup> and 20 <sup>th</sup>
Switchpoint Dinner	June 21 <sup>st</sup>
Soup Kitchen	June 29 <sup>th</sup>

Please remember that the Pinecliff Missions Trip is scheduled for August 24<sup>th</sup> through the 30<sup>th</sup>. If you are interested in participating, please sign up using the sign-up sheet in the Narthex.

Also, due to summer vacations and planned absences, we will need lead cooks for the Soup Kitchen the last Friday in July and August. The recipe is easy to follow and we have a great team. If you are available to help, please let Gregg Freeman know at 425.760.8122.

## POSSIBLE MISSION TRIP TO PUERTO RICO

Several United Methodist Churches in Utah have expressed interest in a Puerto Rico mission trip. As a result, a joint mission trip has been planned from November 3-10, 2018 with a limit of 14 participants. Anticipated cost per person will be approximately \$1300 (\$500 for lodging, meals, in country transportation and translation services and air transportation cost from SLC to San Juan ranging from \$550 - \$700). If you would like more information, please contact Mike Cummins at [mscummins63@gmail.com](mailto:mscummins63@gmail.com).

## PINECLIFF DATES - AUGUST 24-30, 2018



Be sure to sign-up for Pinecliff before you leave on your summer travels. Save the date on your calendar; August 24-August 30. Sign-ups are available in the narthex.

As usual we will be doing work projects. In addition to the work, we will do a hike to the cross, a day picnic to a lake nearby. We will have a horseshoe competition as well as other games. Of course we will have campfires, s'mores, singing in the evenings, and devotions by the river in the mornings. Most of all we will have time to get to know one another better. Dogs are welcome but they must be under control and cleaned up after.

**When it is hot, the temps up there are very pleasant, making for a nice get away. You are welcome to come for a day or two or for the whole week. If you are not the camping sort of person, but would like to see Pinecliff, there is a Best Western in Coalville (18 miles from Pinecliff).** For more information contact Gregg Freeman at [screggley@gmail.com](mailto:screggley@gmail.com).



The United Methodist Women are on summer hiatus until Wednesday, September 12, 2018 at 1:00 pm in Fellowship Hall



**SHUMC Members on Pentecost Sunday**



**SHUMC Vine/Praise Band at the Colorado Youth Quest Event**



The United Methodist Men are on summer hiatus until Saturday, September 15, 2018 at 8:00 am at the Village Inn.



**JUNE BIRTHDAYS**

Joan Johnson.....	3
Cheryl Jesse .....	4
Wayne Peterson.....	4
Mike Cummins.....	6
Truemann Alo.....	9
Greg Fischer.....	10
Julie Boston.....	12
Pat Evers.....	12
Don Nicklas.....	14
Matthew Amato .....	17
Jim Wisecup.....	17
Karen Peterson.....	21
Don Kermmoade.....	22
Elaine Mittler .....	23
Jack Smart.....	26
Karen Cole.....	27
John McLaughlin.....	27
Jean Elmer.....	30

*Happy Anniversary*

Steve & Marilyn Fassler.....	3
Trudy & Arlen Wooden.....	4
Greg & Jane Fischer.....	6
Judy & Tom Bills.....	8
James & Helen Phillips.....	10
David & Donna Holmes.....	11
David & Barbara Lockwood.....	15
Keith & Helen Christensen .....	16
Bob & Kathy Platt .....	18
John & Mary Lakner.....	21
Steve & Jill Tamplin.....	21
Les & Pat Evers.....	24
Dave & Karen Lee.....	24
Ted & Jane Hugunin.....	28



**FUN FOR LUNCH BUNCH**

"Enjoying lunch at Chuck A Rama is always an experience. Last month we had 13 ladies perusing the food bars with much delight. The **June edition of Lunch Bunch will be on the 20th at The Green Iguana, which is located in the Red Lion Hotel on Bluff St., 11:30am. PLEASE NOTE...** a change for this month's reservations...please call Darlene Greer at **435-313-5349.**"

## JUNE 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					<b>1</b> 10a Bazaar Crafters	<b>2</b> <del>9a Utah Food                      Bank Work Day</del>
<b>3</b> Worship Gathering 8:30 & 11 am  Holy Communion	<b>4</b> No Sewing Session	<b>5</b>   6p Praise 7p Shepherd's Singers	<b>6</b> 9a Stitchin' Bunch   5:45 Education	<b>7</b>	<b>8</b>	<b>9</b>
<b>10</b> Worship Gathering 8:30 & 11 am	<b>11</b> No Sewing Session	<b>12</b>   6p Praise	<b>13</b> 9a Stitchin' Bunch   4p SPR	<b>14</b>	<b>15</b>	<b>16</b>
<b>17</b> Worship Gathering 8:30 & 11 am	<b>18</b> 9a Sewing Session	<b>19</b>   6p Praise	<b>20</b> 9a Stitchin' Bunch  11:30 Lunch Bunch  3p ERT	<b>21</b>	<b>22</b>	<b>23</b>
<b>24</b> Worship Gathering 8:30 & 11 am	<b>25</b> No Sewing Session	<b>26</b>   6p Praise	<b>27</b> 9a Stitchin' Bunch   6p Ad Council	<b>28</b>	<b>29</b>	<b>30</b> 